

DESCRIPTION

Fresubin® Yocrème is a nutritionally complete, high calorie (1.5kcal/g), high protein (20% energy) thickened/ spoonable oral nutritional supplement, low in fibre. High in calcium and vitamin D. Gluten free, contains lactose.

PRESENTATION

Presented in a 125g pot. Available in 4 flavours: Lemon, Raspberry, Apricot-peach and Biscuit.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR INFANTS UNDER THREE YEARS OF AGE

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION FOR CHILDREN UNDER 6 YEARS

ENSURE ADEQUATE FLUID INTAKE

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular with increased energy and protein needs, fluid restrictions or dysphagia.

Fresubin® Yocrème is a Food for Special Medical Purposes.

Fresubin® Yocrème is prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

DOSAGE

Dosage should be calculated by a clinician or dietician according to individual requirements. Recommendation for supplementary nutrition 4 cups (750kcal)/ day, for complete nutrition 8 cups (1500 kcal)/ day.

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator.

Best served chilled.

Stir gently before enjoying.

PACK SIZE

4 x 125g pots.

ENERGY DISTRIBUTION

Protein 20%

Fat 28%

Carbohydrate 51.5%

Fibre 0.5%

ORDER CODES

Lemon 7411701

Raspberry 7416701

Apricot-peach 7413701

Biscuit 7418701

INGREDIENTS

Lemon

Water, sucrose, wehey protein, fermented skimmed milk powder, vegetable oils (sunflower oil, rapeseed oil), modified starch, acidity regulator (E270), calcium lactate, maltodextrin, emulsifiers (soya lecithin, E471), flavourings, choline hydrogen tartrate, vit. C, sodium chloride, thickener (E440), iron pyrophosphate, zinc sulphate, magnesium oxide, niacin, vit. E, manganese chloride, pantothenic acid, copper sulphate, vit. B₁₂, vit. B₆, sodium fluoride, vit. B₉, vit. A, chromium chloride, folic acid, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

Raspberry

Water, sucrose, wehey protein, fermented skimmed milk powder, vegetable oils (sunflower oil, rapeseed oil), modified starch, acidity regulator (E270), calcium lactate, maltodextrin, emulsifiers (soya lecithin, E471), flavourings, choline hydrogen tartrate, vit. C, sodium chloride, thickener (E440), iron pyrophosphate, zinc sulphate, colour (E120), magnesium oxide, niacin, vit. E, manganese chloride, pantothenic acid, copper sulphate, vit. B₁₂, vit. B₆, sodium fluoride, vit. B₉, vit. A, chromium chloride, folic acid, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

Apricot-Peach

Water, sucrose, wehey protein, fermented skimmed milk powder, vegetable oils (sunflower oil, rapeseed oil), modified starch, acidity regulator (E270), calcium lactate, maltodextrin, flavourings, emulsifiers (soya lecithin, E471), paprika extract, choline hydrogen tartrate, vit. C, sodium chloride, thickener (E440), iron pyrophosphate, zinc sulphate, magnesium oxide, niacin, vit. E, manganese chloride, pantothenic acid, copper sulphate, vit. B₁₂, vit. B₆, sodium fluoride, vit. B₉, vit. A, chromium chloride, folic acid, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

Biscuit

Water, sucrose, wehey protein, fermented skimmed milk powder, vegetable oils (sunflower oil, rapeseed oil), modified starch, acidity regulator (E270), calcium lactate, flavourings, maltodextrin, emulsifiers (soya lecithin, E471), choline hydrogen tartrate, vit. C, sodium chloride, thickener (E440), iron pyrophosphate, zinc sulphate, magnesium oxide, niacin, vit. E, manganese chloride, pantothenic acid, copper sulphate, vit. B₁₂, vit. B₆, sodium fluoride, vit. B₉, vit. A, chromium chloride, folic acid, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

IDDSI Level 4

Date of Preparation:
June 2019 ENO0998

NUTRITIONAL COMPOSITION	Per 100g	Per 125g
ENERGY kcal (kJ)	150 (630)	187 (787)
PROTEIN g	7.5	9.3
CARBOHYDRATE g	19.3	24.3
Of which sugars g	17.4	21
Of which lactose g	3	3.75
FAT g	4.7	5.8
Of which saturated fatty acids g	0.58	0.73
Of which polyunsaturated fatty acids g	1	1.25
Of which monounsaturated fatty acids g	3.1	3.8
FIBRE g	0.4	0.5
SALT g (Na x 2.5)	0.15	0.19
WATER ml	64	83

MINERALS AND TRACE ELEMENTS	Per 100g	Per 125g
SODIUM mg (mmol)	60 (2.6)	75 (3.2)
POTASSIUM mg (mmol)	165 (4.2)	206 (5.2)
CHLORIDE mg (mmol)	85 (2.4)	106 (3)
CALCIUM mg (mmol)	240 (6)	300 (7.5)
PHOSPHORUS mg (mmol)	95 (3.1)	118 (3.8)
MAGNESIUM mg (mmol)	18 (0.7)	22.5 (0.8)
IRON mg	2.5	3.1
ZINC mg	2	2.5
COPPER µg	375	468.7
MANGANESE mg	0.5	0.62
IODINE µg	37.5	46.8
CHROMIUM µg	13	16.2
MOLYBDENUM µg	18.8	23.5
FLUORIDE mg	0.25	0.31
SELENIUM µg	14	17.5

VITAMINS AND OTHER NUTRIENTS	Per 100g	Per 125g
VITAMIN A µgRE	150	187.5
VITAMIN D₃ µg	3.75	7.5
VITAMIN E mgαTE	3.75	4.6
VITAMIN K₁ µg	21	26.2
VITAMIN B₁ mg	0.3	0.37
VITAMIN B₂ mg	0.4	0.5
NIACIN mg	1.5mg(2.9mg NE)	3.0mg(5.8mg NE)
VITAMIN B₆ mg	0.43	0.53
VITAMIN B₁₂ µg	0.75	0.93
PANTOTHENIC ACID mg	1.5	1.8
BIOTIN µg	9.4	11.7
FOLIC ACID µg	62.5	78.1
VITAMIN C mg	18.8	23.5
CHOLINE mg	32	40

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6 Caproic acid	0.01
C8 Caprylic acid	0.01
C10 Capric acid	0.01
C12 Lauric acid	0.02
C14 Myristic acid	0.05
C16 Palmitic acid	0.30
C16:1 n-7 Palmitoleic acid	0.01
C18 Stearic acid	0.15
C18:1 n-9 Oleic acid	2.92
C18:2 n-6 Linoleic acid	0.72
C18:3 n-3 alpha-Linolenic acid	0.24
C20:3 n-5 Eicosapentaenoic acid	0
C18:3 n-3 Docosahexaenoic acid	0
Other n-3 fatty acids	0

TYPICAL AMINO ACID PROFILE	g Per 100g
ESSENTIAL	
Histidine	0.15
Isoleucine	0.55
Leucine	0.78
Lysine	0.69
Methionine	0.19
Phenylalanine	0.27
Threonine	0.59
Tryptophan	0.09
Valine	0.54

CONDITIONALLY ESSENTIAL	
Cysteine	0.13
Tyrosine	0.23
Glycine	0.25
Arginine	0.21
Glutamine	0.46
Proline	0.73
NON-ESSENTIAL	
Aspartic acid and Asparagine	0.9
Glutamic acid	1.12
Alanine	0.48
Serine	0.46

TYPICAL CARBOHYDRATE PROFILE	g Per 100g
Glucose	0.01
Fructose	0
Maltose	0.01
Saccharose	14.4
Lactose	3
Oligo-/polysaccharides	0.43
Starch	1.48